



John 6:35 *“Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.”*

Then Jesus went way too far! John 6:56 *“Whoever eats my flesh and drinks my blood remains in me, and I in them.”* A bunch of disciples packed their bags and left. “I’m not eating Jesus for breakfast!” Ok, in all seriousness it’s like this. Some people come to church and wonder why we worship a dead guy. Why do we read a book called the Bible? Isn’t it just a book written by men? Your God’s invisible, that’s convenient. Religion forces you to make a leap from the physical to the impossible. Yet, science does the same thing. We must believe in a theory with little facts and a ton of speculation. Welcome to Jesus the loaf of bread.

John 6:32-33 *“Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is the bread that comes down from heaven and gives life to the world.”*

Way back in Israel’s history, God gave them manna to eat. Just manna! It was a sweet dough that they could use as bread. This manna would go bad within one day. They always had to rely on God for food. Jesus repeats that people need the Spiritual food from heaven. Ok, so some disciples left because Jesus began to talk about eating his flesh and drinking his blood. Yet, they missed the point, didn’t they? Jesus was challenging them to see him for who he claimed to be. Did they leave because he told them to eat his flesh or because he was claiming to be God?

Here is my thing with this story. Jesus is not starting a cannibal festival. This is not a vampire reunion. Jesus was making a direct correlation to the manna. Spiritual bread from heaven. Spiritual water of life. The people asked him to give them this bread. The woman at the well asked Jesus to give her the water of life. Jesus always talked in this way. If he was God then he would talk this way. Elijah did a miracle of bread for a widow in 1 Kings 17. Look at Isaiah 55:2 *“Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to me, and eat what is good, and you will delight in the richest of fare.”* I could quote a ton more. I have listened to a pastor and ate him up. I have feasted on the words in the Bible. Jesus was saying “I am God” feast on my words and drink in my ways and my thoughts. The Jewish people had heard God the Father say these things before.

So, this was the challenge. Accept Jesus as the word of life. The bread of life. The springs of spiritual water. Accept him as the Son of God. In revelation 10, John was offered a scroll to eat from an angel. *“So, I went to the angel and told him to give me the little scroll. And he said to me, “Take and eat it; it will make your stomach bitter, but in your mouth, it will be sweet as honey.”* Throughout the Bible we are asked to swallow what God has to say. Swallow God’s ways. For some, it’s a tough pill to swallow. I would even say that the Bible challenges us. Why have Jesus feed five thousand? Was it the disciples that supplied or God above?

Job 23:12 *“I have not departed from the commandment of his lips; I have treasured the words of his mouth more than my portion of food.”*

Jesus said he was the bread of life for a reason. In this current age of fear, it’s even more paramount. Why do you fear a virus that kills less than 1%? Why fear death if the alternative is heaven? Why fear money and many other things if God has always provided for his children? Jesus called himself the bread for a reason. He is God. He will provide as his Father in heaven

provided. His words heal the soul. They lift you up. Yes, eating Spiritual bread will give you a boost.

Malachi 3:10 *“Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this,” says the Lord Almighty, “and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.”*

Tired of eating what the world offers? Is your whole life just working all the time for money? Status is everything. Look good, mind your words, be polite, do this and do that to be proper. These days can you really be an individual or have your own opinion? What is in Jesus bread? It's the truth about things. It's honesty, integrity, and morals. It's relying on God more than your own self and circumstances. It's believing that an invisible God saves lives compared to an invisible science that clearly can't save anything. Is there life beyond worldly death? Life beyond worldly facts, troubles, and misconceptions? It's one way or the other, you will eat the bread of life or the bread of the world. Either way you will eat.

Jeremiah 15:16 *“Your words were found, and I ate them, and your words became to me a joy and the delight of my heart, for I am called by your name, O Lord, God of hosts.”*